

## **PSALM 146 – 2024 The Happiness of Those Whose Help Is the LORD!**

8/24/24 – Sat. Morn. Prayer - P. Twente, 714 425-9221; [ptwente@gmail.com](mailto:ptwente@gmail.com) [www.ptwente.com](http://www.ptwente.com)

### **A THOUSAND HALLELUJAHS** - Scott Ligertwood / Phil Wickham / Brooke Ligertwood (5:09)

*Who else would rocks cry out to worship Whose glory taught the stars to shine  
Perhaps creation longs to have the words to sing But this joy is mine  
With a thousand hallelujahs We magnify Your Name You alone deserve the glory The honor and the  
praise Lord Jesus this song is forever Yours A thousand hallelujahs A thousand more*

*Who else would die for our redemption Whose resurrection means I'll rise  
There isn't time enough to sing of all You've done But I have eternity to try  
With a thousand hallelujahs We magnify Your Name You alone deserve the glory The honor and the  
praise Lord Jesus this song is forever Yours A thousand hallelujahs A thousand more*

*Praise to the Lord To the Lamb To the King of heaven  
Praise for He rose Now He reigns We will sing forever  
Praise to the Lord To the Lamb To the King of heaven  
Praise for He rose Now He reigns We will sing forever  
With a thousand hallelujahs We magnify Your Name You alone deserve the glory The honor and the  
praise Lord Jesus this song is forever Yours A thousand hallelujahs A thousand more*

*We sing praise to the Lord To the Lamb To the King of heaven  
Praise for He rose Now He reigns We will sing forever  
With a thousand hallelujahs We magnify Your Name You alone deserve the glory The honor and the  
praise Lord Jesus this song is forever Yours A thousand hallelujahs A thousand more*

### **PSALM 146 - The Happiness of Those Whose Help Is the LORD! One of the “Hallelujah” Psalms**

**Psa 146:1 Praise (halal) the LORD (YAH)! Praise the LORD, O my soul!**

- Psalm 146 begins with that **Hallelujah, Praise Jehovah!**
- David practiced talking to himself and commanding himself. It's not a sign of mental incompetence, but it's a sign of wisdom. I talk to myself at times. Sometimes I think why in the world did you do that? And you sort of speak to yourself. So here David is commanding his soul to praise the Lord. Praise the Lord, oh my soul.

**Psa 146:2 While I live I will praise the LORD; I will sing praises to my God while I have my being.**

- As long as I am living, as long as there is any breath in me, I will be praising the Lord! I will use it to praise the Lord. To sing praises unto Him.

**Psa 146:3 Do not put your trust in princes, Nor in a son of man (human being), in whom there is no help (salvation).**

- Some hope in princes. Some hope in men. But David said, we will put our trust in the Lord. Now if you hope in man, you have to realize that man is fragile. Men are too apt to depend on the great ones on earth and forget the Great One above! (**Psa 20:7**) *Some trust in chariots, and some in horses; But we will remember the name of the LORD our God. (Isa 31:1) Woe to those who go down to Egypt for help, And rely on horses, Who trust in chariots because they are many, And in horsemen because they are very strong, But who do not look to the Holy One of Israel, Nor seek the LORD!*

**Psa 146:4 His spirit departs, he returns to his earth; In that very day his plans perish.**

- It's interesting that man's life is associated with his spirit. His spirit (breath) goes forth. You know, if you don't breathe anymore, you're dead. That is basically what he said. Don't put your trust in man. He can perish. When he stops breathing, he's dead! Of course, we do know that the cells of the body depend upon oxygen, in order to keep going, to keep functioning. It is the breath that brings the oxygen to the blood that keeps your body functioning. The minute the cells

become deprived of the oxygen, they begin to die. So that oxygen, that breath, is necessary. You put your trust in man, but man can fail. His breath goes forth, he quits. And he returns to his earth. The body goes back to the dust.

- *In that very day his thoughts perish.* It's over for him. The day he quits breathing, he's gone.

**Psa 146:5 Happy** (blessed; an interjection – how blessed) **is he who has the God of Jacob for his help, Whose hope** (expectation) **is in the LORD his God,**

- You put your trust in man, he can die! He's fragile. He's frail. Put your trust in the Lord, happy is that man! (*Jer 17:7*) *"Blessed is the man who trusts in the LORD, And whose hope is the LORD."*

**Psa 146:6 Who made heaven and earth, The sea, and all that is in them; Who keeps truth forever,**

- For the Lord, **Who made heaven and earth, The sea, and all that is in them; Who keeps truth forever.** He doesn't perish! He goes on—eternally!

**Psa 146:7 Who executes** (upholds) **justice for the oppressed, Who gives food to the hungry. The LORD gives freedom to the prisoners.**

- The Lord gives good food to the hungry. The LORD sets the prisoners free! He is the friend of the down-trodden, the avenger of the persecuted, the champion of the helpless!. Thus he completes the triple blessing: justice, bread, and liberty!

**Psa 146:8 The LORD opens the eyes of the blind; The LORD raises** (lifts up) **those who are bowed down; The LORD loves the righteous.**

- Happy is the man who has learned to put his hope in Jehovah, the Creator, the One who executes judgments for the oppressed, gives food to the hungry, open the eyes of the blind.

**Psa 146:9 The LORD watches** (preserves) **over the strangers; He relieves** (sustains) **the fatherless and widow; But the way of the wicked He turns upside down.**

- The contrast again! There are two sides to the coin—always.

**Psa 146:10 The LORD shall reign forever—Your God, O Zion, to all generations. Praise the LORD!**

- **Hallelujah or Praise ye the LORD.** David said, Why are you cast down, oh my soul? Why are disquieted within me? Don't you hope in God? He shall bring it to pass. The next time you get really worried about a situation, that you start panicking and you feel the panic attack coming, just talk to yourself! Say, why are you disquieted? What's wrong with you? What's got you so upset? Don't you hope in God? Do you think God is dead or something? He's going to come through.

#### **OUR GOD REIGNS** – L. E. Smith/Fettke & Beddia (3:23)

*How lovely on the mountains Are the feet of him Who brings good news, good news  
Announcing peace, proclaiming News of happiness. Our God reigns; our God reigns!*

*Chorus: Our God reigns! Our God reigns! Our God reigns! Our God reigns! (2X)*

*Out of the tomb He came With grace and majesty; He is alive, He is alive. God loves us so see here His hands, His feet, His side. Yes, we know He is alive. [Chorus]*

*He had no stately form; He had no majesty, That we should be drawn to Him. He was despised, and we took no account of Him, Yet now He reigns With the Most High. [Chorus]*

#### **PRAY FOR OUR NATION'S LEADERS: PRAY FOR CALIFORNIA: PRAY FOR WORLD**

**LEADERS:** - *Pray for World Leaders, especially their salvation, including Xi Jinping – China; Narendra Modi - India; Joe Biden – USA; Joko Widodo - Indonesia; Luiz Lula da Silva - Brazil; Arif Alvi - Pakistan; Bola Tinubu - Nigeria; Hasina Wazed - Bangladesh; Vladimir Putin - Russia; Lopez Obrador–Mexico; Benjamin Netanyahu–Israel; Olaf Scholz – Germany; Keir Starmer – U.K.*

**PRAY FOR OUR CHURCH/PERSECUTED CHURCH; SCHOOLS; POLICE/MILITARY; ISRAEL: FOR STATES POSTING THE TEN COMMANDMENTS! LOUISIANA! TENNESSEE!**

**OKLAHOMA? OTHER STATES?**

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