

PSALM 69– An Urgent Plea for Help in Trouble!

11/5/22 – Sat Morn Prayer - P. Twente, 714 425-9221; ptwente@gmail.com www.ptwente.com

WHEN I SURVEY THE WONDROUS CROSS – Billy Graham Crusade Choir (3:00)

*When I survey the wondrous cross On which the Prince of glory died,
My richest gain I count but loss, And pour contempt on all my pride.*

*Forbid it, Lord, that I should boast, Save in the death of Christ my God!
All the vain things that charm me most, I sacrifice them to His blood.*

*Were the whole realm of nature mine, That were a present far too small;
Love so amazing, so divine, Demands my soul, my life, my all. Demands my soul, my life, my all.*

Psalm 69 is a very Messianic Psalm, which is quoted often in the New Testament. It is a psalm of prophecy, written a thousand years before, concerning the coming Messiah! In many places there are references to Jesus Christ which are quoted in the New Testament from this psalm. David cries out of help in trouble He paid a price for being faithful to God, to both his enemies who were Gentiles, but also from some within Israel! Divisions: This Psalm consists of two portions of 18 verses each. These again may each be sub-divided into three parts. Under the first heading, from *verses 1-4*, the sufferer spreads his complaint before God; then he pleads that his zeal for God is the cause of his sufferings; in *verses 5-12*; and this encourages him to plead for help and deliverance, from *verses 13-18*. In the second half of the Psalm, he details the injurious conduct of his adversaries, from *verses 19-21*; calls for their punishment, *verses 22-28*; and then returns to prayer, and to a joyful anticipation of divine interposition and its results, *verses 29-36*.

PSALM 69 – To the Chief Musician. Set to "The Lilies." A Psalm of David. .

Psa 69:1 Save me, O God! For the waters have come up to my neck.

Psa 69:2 I sink in deep mire, Where there is no standing; I have come into deep waters, Where the floods overflow me.

- I am going down in the quicksand, I am going down in the mud and there is nothing underneath. I am being swallowed up in this quicksand.
- David begins the psalm with a cry for help because of the circumstances of life are overwhelming. He cannot handle the conditions and is being swallowed up by the problems and sinking in the mire.

Psa 69:3 I am weary with my crying; My throat is dry; My eyes fail while I wait for my God.

- ***I am weary with my crying; My throat is dry.*** There is nothing left.
- ***My eyes fail while I wait for my God.*** Isn't it interesting how that our timetable so often does not jive with God's timetable? I have so many times in my life thought that God was too late.
- David was crying unto the Lord until his throat was dry. He shed so many tears that his body was dehydrating.

Psa 69:4 Those who hate me without a cause Are more than the hairs of my head; They are mighty who would destroy me, Being my enemies wrongfully; Though I have stolen nothing, I still must restore it.

- It is thought that perhaps this was written at the rebellion of David's son Adonijah or perhaps Absalom. They wanted the throne, they wanted the crown and David more or less advocated to Absalom. He did not state a fight. Now David did not fight to get the crown. God gave the kingdom to David. David did not fight Saul to get the kingdom.

Psa 69:5 O God, You know my foolishness; And my sins are not hidden from You.

- How true that is. God knows our foolishness, our folly, we do not hide our sins from Him.

Psa 69:6 Let not those who wait for You, O Lord GOD of hosts, be ashamed because of me; Let not those who seek You be confounded because of me, O God of Israel.

- Do not let my foolishness and my sin, Lord, stumble others. That is so often the tragic result of the sins of those in leadership is that it does stumble others. When David did sin and Nathan came to rebuke him for it the charge that he made was, "You have caused the enemies of God to blaspheme." When a leader sins it causes shame among the people of God.

Psa 69:7 Because for Your sake I have borne reproach; Shame has covered my face.

- He changes completely now. He talks about the reproach that he had suffered for God and the shame that had been brought to him.

Psa 69:8 I have become a stranger to my brothers, And an alien to my mother's children;

- There was a jealousy that arose in their hearts because of God's choice of David over them. So "for thy sake I borne reproach" (60:7) reproach from his family.
- The reproach of the world is one thing, but the reproach of the family is something else again. Reproach from those with in the body of Christ I think is much more difficult to bare than the reproach that comes to us from the world. When I am reproached by my own brothers it is more hurtful.
- God was the one who chose David, and it caused his brothers to become like strangers to him, they became alienated from him, but David made a declaration.

Psa 69:9 Because zeal for Your house has eaten me up, And the reproaches of those who reproach You have fallen on me.

- *For the zeal of thine house hath eaten me up;* David had a great desire to build a house for God. He had a great desire to bring the nation together in spiritual worship of God. So David had to move the tabernacle to Jerusalem. Then he desired to bring the arc of the covenant and place it in the tabernacle in Jerusalem so that the people would have a place to gather to worship God. It was his heart, the zeal of the house of the Lord was eating him up.
- Then he said he wanted to build a magnificent house for God. Here I am in this beautiful palace and here's God over there in a tent, a tabernacle. That is not fair. I want to build a glorious house for God. It has to be more glorious than any building on the earth. So in expressing his desire to his friend Nathan, "the zeal of the house of the Lord is eating me up" Nathan said, "Splendid. Go for it David." The Lord said to Nathan, "You spoke out of turn. David cannot build me a house. His hands are bloody. Go back and tell him that he will not be able to build Me a house, but I will build him a house.
- ***And the reproaches of those who reproach You have fallen on me.*** David recognized that the reproaches that he was receiving were actually the attitude that worldly people have who hate God and are against God. As God's representative, people who hate God pour upon me the venom of their hatred against God. The problem is that we are so prone to take this personally as though they hate me. No, they hate God that I represent.
- The reproaches that we have as a Christian are really the world's expression of their hatred of Jesus Christ. Jesus said, "they hate Me because I testify of them" told them the truth. He called their corrupt practices corrupt and he called their hypocrisy, hypocrisy. He was not going around trying to make men feel good about himself. He was saying you are a sinner and except you repent, you are going to perish. He was so straight and so direct that they hated Him. They hated Him so much they crucified him. The world has not changed.

Psa 69:10 When I wept and chastened my soul with fasting, That became my reproach.

- They even reproach me for that seeking of God.

Psa 69:11 I also made sackcloth my garment; I became a byword to them.

Psa 69:12 Those who sit in the gate speak against me, And I am the song of the drunkards.

- The gate of the city was a place of public gatherings, it was a place where the courts were held, and it was no doubt the place of gossip also.
- ***And I am the song of the drunkards.*** The worldly comics begin to make fun of you, begin to make fun of your stance for righteousness, the reproach of men against God.

Psa 69:13 But as for me, my prayer is to You, O LORD, in the acceptable time; O God, in the multitude of Your mercy, Hear me in the truth of Your salvation.

Psa 69:14 Deliver me out of the mire, And let me not sink; Let me be delivered from those who hate me, And out of the deep waters.

- God I am afraid I am going down, I am sinking.

Psa 69:15 Let not the floodwater overflow me, Nor let the deep swallow me up; And let not the pit shut its mouth on me.

Psa 69:16 Hear me, O LORD, for Your lovingkindness is good; Turn to me according to the multitude of Your tender mercies.

Psa 69:17 And do not hide Your face from Your servant, For I am in trouble; Hear me speedily.

- The cry unto God for help. He is being reproached, the people have turned against him because he dared to stand for God. He had a great zeal for the house of God, the things of God, and it brought the ire of the enemies of God upon him. He is in trouble! He feels he is sinking!

Psa 69:18 Draw near to my soul, and redeem it; Deliver me because of my enemies.

Psa 69:19 You know my reproach, my shame, and my dishonor; My adversaries are all before You.

- It is comforting for me to realize that the Lord knows what I am going through.

Psa 69:20 Reproach has broken my heart, And I am full of heaviness; I looked for someone to take pity, but there was none; And for comforters, but I found none.

- *Reproach has broken my heart;* It's not easy to handle reproach, it is a difficult thing. In fact that is one of the most difficult things of the Christian walk is the reproach that we bare for the cause of Christ and for the testimony of Jesus Christ. The world hates Him! If we dare declare that Jesus is the only way to salvation, that being a Buddhist, being a Hindu, being a Muslim is not going to get you there apart from Christ, you are not going to make, then the reproach comes heaping upon us as narrow bigoted fundamentalist. They say it with a snare. God knows the reproach, the shame, the dishonor.
- This is prophetic of Jesus. Imagine what Jesus must have gone through in that last week as the king, as the Messiah to Israel. On the day that God had promised, He came into Jerusalem, presenting Himself as their Messiah. Fulfilling the prophecies. As Zachariah had said, (***Zec 9:9***) "*Rejoice greatly, O daughter of Zion! Shout, O daughter of Jerusalem! Behold, your King is coming to you; He is just and having salvation, Lowly and riding on a donkey, A colt, the foal of a donkey.* There He was riding in on the little donkey. He came into the temple and seeing again the corrupt practices, the money changes, He again disrupted that whole commercialism of their religion. They rejected Him! They scorned Him, saying, who gave You the authority to do this?" They despised and rejected Him. Then they were plotting and looking for a way to kill Him. It must have been heavy.
- Jesus knew what was going on. He knew that Judas had conspired to betray him. There at the last supper he was in heaviness. He said, "My soul is sorrowful unto death." He said to Judas, "What you do, do quickly. Go on out and take care of your business." Then he went over to His disciples in the garden of Gethsemane, heavy, heavy, heavy. The pressures, the battle, the spiritual battle were heavy. He said to His disciples, "Watch and pray."
- He took Peter, James and John a little closer and to them He said, "Tarry you here. Watch and pray." Then He went away, kneeling before God and began to agonize before the Father. The scepter of the cross was in front of Him, that bitter cup of taking man's sins and dying in man's place. That pure holy Son of God is to have dumped on Him all the filth and the scum of the world. A horrible cup and His cry "Father is it possible let this cup pass from Me." That spiritual battle that was going on and He came back to His disciples. Why? No doubt to receive some encouragement and some strength. There they were asleep. He woke them, saying, "Watch and pray lest you enter into temptation. The spirit indeed is willing, but your flesh is weak. Could you want not watch with Me, one hour?"
- *I looked for someone to take pity, but there was none; And for comforters, but I found none.* It was alone my Savior prayed in dark Gethsemane. The disciples failed completely but the Bible says that God sent angels to Him to strengthen Him and to minister to Him. We remember that when they brought Him the next day to Golgotha, to Calvary, that they offered Him vinegar that was mixed with gall. He did not receive it. He tasted it, but would not swallow it. But finally after hanging on the cross for close to six hours He cried, "I thirst!" They filled a sponge with vinegar and put it on hyssop and put it to His lips. The psalmist, a thousand years before, prophesying of this.

Psa 69:21 They also gave me gall for my food, And for my thirst they gave me vinegar to drink.

- Amazing prophecies of scripture!

Psa 69:22 Let their table become a snare before them, And their well-being a trap.

- Paul quotes this in Romans eleven, nine and ten. The Jews, their table, let it be a snare before them.

Psa 69:23 Let their eyes be darkened, so that they do not see; And make their loins shake continually.

- As a result, of course, the rejection of Jesus Christ the Jews suffered tremendously being destroyed by the Roman troops.

Psa 69:24 Pour out Your indignation upon them, And let Your wrathful anger take hold of them.

Psa 69:25 Let their dwelling place be desolate; Let no one live in their tents.

- That is exactly what happened in seventy AD when the Roman troops came in and ravaged the nation. Those Jews that did survive that holocaust were carried away captives and the place where they once lived became desolate. Their habitation was desolate. It is interesting that this also is spoken of by Peter as referring to Judas Iscariot, his habitation be desolate. So the place that held as an apostle was desolate and they cast lots.
- *Let no one live in their tents.* They were driven out.

Psa 69:26 For they persecute the ones You have struck, And talk of the grief of those You have wounded.

- He was wounded for our transgressions, He was bruised for our iniquities!

- Isaiah fifty-three said, “We did esteem Him as smitten, stricken of God.” Jesus was smitten of God for our sins.

Psa 69:27 Add iniquity to their iniquity, And let them not come into Your righteousness.

- Those who reject Jesus as the Messiah fail to enter into the righteousness of God though they sought the righteousness of the law. Paul said, “they never attain to it yet those who believed did attain to that righteousness that would be accepted by God.” Those who sought it by the law never did attain it.

Psa 69:28 Let them be blotted out of the book of the living, And not be written with the righteous.

- The Bible says, “Whoever’s name is not found written in the book of life will be cast into the lake that is burning with fire! This is the second death!” Here he is asking God to block their names out of the book of the living and that they not be written with the righteous.

Psa 69:29 But I am poor and sorrowful; Let Your salvation, O God, set me up on high.

- The psalmist in the beginning was speaking of the reproach and the misery that he was going through, asking God for help because he was sinking in the mire! Set me up on high, out of that pit and miry clay!

Psa 69:30 I will praise the name of God with a song, And will magnify Him with thanksgiving.

- We expressed our praise to God in song. We magnified Him with songs of thanksgiving.

Psa 69:31 This also shall please the LORD better than an ox or bull, Which has horns and hooves.

- In Hebrews it says, “Let us therefore offer unto God the sacrifice of praise, even the fruit of our lips.” God wants that praise, that worship from our hearts more than He wants the sacrifices of the ox or the bullock.

Psa 69:32 The humble shall see this and be glad; And you who seek God, your hearts shall live.

- Beautiful promises.

Psa 69:33 For the LORD hears the poor, And does not despise His prisoners.

Psa 69:34 Let heaven and earth praise Him, The seas and everything that moves in them.

Psa 69:35 For God will save Zion And build the cities of Judah, That they may dwell there and possess it.

Psa 69:36 Also, the descendants of His servants shall inherit it, And those who love His name shall dwell in it.

- This is being fulfilled right now. God is building up Zion. The cities of Judah and the waste places are being inhabited again. Soon the king shall come. They that love His name shall dwell therein.

Psa 69:30 I will praise the name of God with a song, And will magnify Him with thanksgiving.

Psa 69:34 Let heaven and earth praise Him, The seas and everything that moves in them.

O PRAISE THE NAME (ANÁSTASIS -RESURRECTION) (4:06) Hillsong

I cast my mind to Calvary Where Jesus bled and died for me

I see His wounds, His hands, His feet, My Saviour on that cursed tree

His body bound and drenched in tears, They laid Him down in Joseph's tomb

The entrance sealed by heavy stone, Messiah still and all alone

(Refrain) O praise the name of the Lord our God O praise His name forevermore

For endless days we will sing Your praise Oh Lord, oh Lord our God

And then on the third at break of dawn, The Son of heaven rose again

O trampled death where is your sting? The angels roar for Christ the King (Refrain)

He shall return in robes of white The blazing sun shall pierce the night

And I will rise among the saints, My gaze transfixed on Jesus' face (Refrain)

Oh Lord, oh Lord our God, Oh Lord, oh Lord our God

FOR OUR NATION’S LEADERS: PRAY FOR CALIFORNIA: PRAY FOR WORLD LEADERS: - Pray for World Leaders, especially their salvation, including: Xi Jinping – China; Narendra Modi- India; Joe Biden – USA; Joko Widodo - Indonesia; Jair Bolsonaro - Brazil; Arif Alvi - Pakistan; Shehbaz Sharif - Nigeria; Hasina Wazed - Bangladesh; Vladimir Putin- Russia; Lopez Obrador – Mexico; Benjamin Netanyahu – Israel; Olaf Scholtz – Germany; Rishi Sunak – U.K.; Kim Jong-un – North Korea; Yoon Suk Yeol– South Korea.

PRAY FOR OUR CHURCH/PERSECUTED CHURCH; SCHOOLS; POLICE OFFICERS/MILITARY; ISRAEL: